

Vomiting Due to Upset Nerves of the Stomach

Causes: Motion sickness; meningitis; tuberculosis in the spinal cord; something directly touching and thus irritating the stomach from the inside or outside; something irritating the throat or the peritoneum; pregnancy; any gynecological disorder.

Nervous vomiting appears in four distinct symptom patterns:

Symptom Pattern A: In this condition, vomiting is easily induced in the patient, and recurs frequently, usually following a meal. The period of vomiting is usually of short duration, and is preceded by eructation.

Symptom Pattern B: In this condition, dry vomiting comes on suddenly. The patient's arms and legs are cold and the pulse can hardly be felt. This condition is quite serious, and can lead to death if the vomiting is not stopped.

Symptom Pattern C: In this condition, the patient vomits only clear liquid. The patient's face is very pale and the arms and legs are cold. When breathing out, cold is felt when placing your hand under his or her nose. These symptoms may indicate a dangerous "overcooling" condition.

Symptom Pattern D: Vomiting from motion sickness, such as car or sea-sickness.

Treatment

- *Treatment for Vomiting, Symptom Pattern A*

Step One: Apply needle to PC-6 and ST-36.

Step Two: Apply needle to CV-22.

Step Three: Apply needle to CV- 12 and then apply indirect moxa to CV- 12. If the patient does not recover after this step, apply 7 direct moxa (1/2 rice grain size) to Jung *Kuie*.

- *Treatment of Vomiting, Symptom Pattern B*

Apply 5 direct moxa (red bean size) to PC-5. If the vomiting does not stop, apply 3 direct moxa (red bean size) to PC-7 and 10 direct moxa (red bean size) to ST-1 8. This treatment will definitely bring about recovery.

- *Treatment of Vomiting, Symptom Pattern C*

Step One: Apply 10 direct moxa (red bean size) to PC-5.

Step Two: Apply 7 direct moxa (red bean size) to CV-12.

Step Three: Apply 3 direct moxa (red bean size) to CV-6, and 5 direct moxa to CV- 17.

Note: If after any of the above treatments the patient has not recovered, apply 7 direct moxa (red bean size) to BL-21, and then apply 5 direct moxa (red bean size) to SP-6 and PC-6.

- *Treatment of Vomiting, Symptom Pattern D*

Apply 3-5 direct moxa (green bean size) to GV-20 and PC-5 twice a week for two weeks.

Assistant Points: SP-1, SP-4, PC-3, CV-13, CV-11, BL-17, CV-16, CV-12, GV-14.

Prognosis: Any of the conditions of vomiting (A, B, C or D) requires 1 to 3 treatments.