
Table of Contents

Table of Contents	iii
List of Tables and Figures	x
Council of Oriental Medical Publishers Designation	xviii
Foreword	xix
Chapter One: General Introduction	1
I. Important Milestones in the Development of TCM Diagnostics	1
II. Clarification of Some TCM Terms	1
1. Disease	1
2. Manifestation	1
3. Pattern	1
4. TCM Diagnostics	3
III. Essential Ideas for Studying TCM	3
1. Discussion of Internal Factors	3
2. Holistic Medicine	3
3. Unity of the Human Body and the External Environment	3
IV. Main Concepts of TCM Diagnostics	4
V. The Principles of TCM Diagnosis	5
1. Unity of the Interior and the Exterior	5
2. Pattern Identification and the Cause of Disease	5
3. Comprehensive Application of the Four Diagnostic Methods	6
Part One: Diagnostic Methods	7
Chapter Two: Inspection	9
I. General Inspection	9
1. Vitality (Shen)	9
2. Complexion (Se)	11
3. Body Physique	16
4. Posture and Movements of the Body	17
II. Systematic Inspection	19
1. Inspection of the Head	19
2. Inspection of the Face	22
3. Inspection of the Eyes	23
4. Inspection of the Ears	28
5. Inspection of the Nose	28
6. Inspection of the Lips	29
7. Inspection of the Teeth and Gums	31
8. Inspection of the Throat	32
9. Inspection of the Neck	33

10. Inspection of the Chest.....	34
11. Inspection of the Abdomen.....	36
12. Inspection of the Lumbar Area and Back.....	36
13. Inspection of the Limbs	37
14. Inspection of the Skin	38
III. Inspection of the Superficial Veins of the Index Finger.....	41
1. Diagnostic Theory.....	41
2. Diagnostic Method.....	41
3. Normal Appearance of the Superficial Veins of the Index Finger.....	41
4. The Three Gates and their Clinical Significance.....	41
5. Abnormal Appearance of the Superficial Veins of the Index Finger.....	42
IV. Tongue Inspection	43
1. Diagnostic Theory.....	43
2. Clinical Significance.....	43
3. Tongue Areas Relevant to the Internal Organs	43
4. Key Signs for Tongue Inspection	44
5. Normal Tongue Condition.....	45
6. Abnormal Tongue Condition.....	45
Chapter Three: Auscultation and Olfaction.....	51
I. Auscultation.....	51
1. Voice	51
2. Speech	53
3. Breathing.....	54
4. Coughing.....	56
5. Vomiting	57
6. Hiccups.....	58
7. Belching	59
8. Sighing	60
II. Olfaction.....	60
Chapter Four: Interrogation	63
I. Aversion to Cold and Fever.....	63
1. Aversion to Cold.....	63
2. Aversion to Cold Accompanied by Fever	64
3. Aversion to Cold without Fever.....	64
4. Fever without Aversion to Cold.....	65
5. Alternating Attacks of Fever and Chills	66
II. Sweating.....	67
1. Absence or Presence of Sweating.....	67
2. Special Aspects of Sweating.....	68
3. Localized Sweating.....	69
III. Pain	70
1. General Pathogenesis of Pain	71
2. Properties of Pain.....	71
3. Duration of Pain.....	72
4. Location of Pain.....	73

IV. Other Disorders of the Head, Body, Chest, and Abdomen.....	78
1. Dizziness	79
2. Oppression of the Chest	79
3. Palpitations	80
4. Distension of the Hypochondrium	81
5. Fullness of the Upper Abdomen	81
6. Distension of the Abdomen.....	82
7. Heaviness of the Body	82
8. Numbness of the Body	82
V. Ears and Eyes	83
1. Ears	83
2. Eyes	84
VI. Sleep	86
1. Insomnia	86
2. Somnolence	87
VII. Thirst, Appetite, and Taste	87
1. Absence of Thirst and Presence of Thirst	88
2. Appetite	89
3. Taste	91
VIII. Defecation and Urination	91
1. Defecation	92
2. Urination.....	94
IX. Abnormal Sexual Function	96
1. Impotence	96
2. Seminal Emission.....	96
3. Spermatorrhea	97
4. Premature Ejaculation	97
X. Abnormal Menstruation	98
1. Shortened Menstrual Cycle	98
2. Delayed Menstrual Cycle.....	98
3. Irregular Menstrual Cycle	99
4. Metrorrhagia	99
5. Amenorrhea	100
6. Dysmenorrhea	100
XI. Abnormal Leucorrhea.....	101
XII. Disorders During Pregnancy	102
1. Vomiting.....	102
2. Threatened Miscarriage.....	102
3. Habitual Miscarriage	103
XIII. Postpartum Disorders	103
1. Persistent Lochia	103
2. Postpartum Fever	104
XIV. Disorders of Infants	104
1. Conditions Occurring Before or Soon after Birth.....	105
2. Vaccination for the Prevention of Disease.....	105

3. Interrogation about Etiological Factors	105
Chapter Five: Pulse Examination and Palpation	107
I. Pulse Examination	107
1. The Theory of Pulse Examination on Cun Kou	107
2. Formation of Pulse	107
3. Location and Methods for Pulse Examination	108
4. Key Points to Note	111
5. Eight Qualities of a Pulse	112
6. General Clinical Significance	113
7. Normal Pulse Condition	114
8. Abnormal Pulse Conditions	114
9. Seven True Visceral Pulse Conditions	118
10. Complex Pulse Conditions	119
11. Pulses in Infants	120
II. Palpation	120
1. Methods and Key Points to Note	120
2. Contents of Palpation	121
Part Two: Pattern Identification	127
Chapter Six: Pattern Identification According to the Eight Principles...	129
I. A General Understanding of the Eight Principles	129
1. Exterior and Interior	129
2. Cold and Heat	129
3. Deficiency and Excess	130
4. Yin and Yang	130
II. Patterns According to the Eight Principles	131
1. Exterior Patterns	131
2. Interior Patterns	133
3. Comparison Between Exterior and Interior Patterns	135
4. Half Exterior-Half Interior Patterns	136
5. Cold Patterns	137
6. Heat Patterns	139
7. Comparison between Cold Patterns and Heat Patterns	141
8. Deficiency Patterns	141
9. Excess Patterns	144
10. Comparison of Deficiency and Excess patterns	146
11. Yin Patterns	146
12. Yang Patterns	147
13. Comparison Between Yin and Yang Exhaustion Patterns	147
14. Main Points for Attention in Yin and Yang Exhaustion Patterns	148
III. Relationship of Patterns According to the Eight Principles	149
1. Transmission of Patterns	149
2. True or False Manifestations of Patterns	150
3. Simultaneous Occurrence of Two Patterns	151
Chapter Seven: Pattern Identification According to Pathogenic Factors.	153
I. Pathogenic Factors	153

II. Patterns	153
1. Wind	154
2. Cold	154
3. Summerheat	155
4. Dampness	156
5. Dryness	156
6. Fire	157
7. Toxins	158
8. Food Stagnation	158
9. Phlegm, Phlegm Fluids, and Water Qi	159
Chapter Eight: Pattern Identification According to Qi and Blood	161
I. Patterns According to Qi	161
1. Qi Deficiency	161
2. Qi Fall	162
3. Qi Stagnation	162
4. Qi Reversal	163
II. Patterns According to Blood	163
1. Blood Deficiency	163
2. Blood Stasis	164
3. Blood Heat	165
4. Bleeding	166
III. Pattern Identification for Combined Qi–Blood Disorders	167
Chapter Nine: Pattern Identification According to the Internal Organs..	169
I. Patterns According to the Lung	169
1. Main Analysis of Disorders of the Lung	169
2. Common Pattern Types	170
3. Differential Diagnosis	175
II. Pattern Identification According to the Large Intestine	177
1. Main Analysis of Disorders of the Large Intestine	177
2. Common Pattern Types	177
III. Pattern Identification According to the Spleen	179
1. Main Analysis of Disorders of the Spleen	179
2. Common Pattern Types	180
3. Differential Diagnoses	184
IV. Pattern Identification According to the Stomach	185
1. Main Analysis of Disorders of the Stomach	185
2. Common Pattern Types	186
V. Pattern Identification According to the Heart	190
1. Main Analysis of Disorders of the Heart	190
2. Common Pattern types	191
3. Differential Diagnosis	197
VI. Pattern Identification According to the Small Intestine	198
1. Main Analysis of Disorders of the Small Intestine	198
2. Common Pattern Types	199
VII. Pattern Identification According to the Liver	201

1. Main Analysis of Disorders of the Liver	201
2. Common Pattern Types	202
3. Differential Diagnoses	208
VIII. Pattern Identification According to the Gallbladder	209
1. Main Analysis of Disorders of the Gallbladder	210
2. Common Pattern Types	210
IX. Pattern Identification According to the Kidney	211
1. Main Analysis of Disorders of the Kidney	212
2. Common Pattern Types	213
X. Pattern Identification According to the Bladder	216
1. Main Analysis of Disorders of the Bladder	216
2. Common Pattern Types	217
XI. Important Differential Diagnoses According to the Internal Organs	218
1. Yin Deficiency	218
2. Yang Deficiency	218
3. Qi Deficiency	219
4. Blood Deficiency	220
XII. Combined Patterns of the Internal Organs	220
1. Heart Qi-Lung Qi Deficiency	220
2. Lung Qi-Spleen Qi Deficiency	221
3. Lung Qi -Kidney Qi Deficiency	221
4. Heart Blood-Liver Blood Deficiency	222
5. Heart Blood-Spleen Qi Deficiency	222
6. Liver Yin-Kidney Yin Deficiency	223
7. Lung Yin-Kidney Yin Deficiency	223
8. Disharmony between the Kidney and the Heart	224
9. Spleen Yang-Kidney Yang Deficiency	224
10. Heart Yang-Kidney Yang Deficiency	225
11. Liver Fire Attacking the Lung	225
12. Disharmony Between the Liver and the Spleen	226
13. Disharmony Between the Liver and the Stomach	226
14. Liver and Gallbladder Damp Heat	227
15. Spleen and Stomach Cold Damp	227
Chapter Ten: Pattern Identification According to the Six Channels	229
I. Main Pattern Types	229
1. Tai Yang Patterns	229
2. Yang Ming Pattern	231
3. Shao Yang Patterns	233
4. Tai Yin Patterns	233
5. Shao Yin Patterns	234
6. Jue Yin Pattern	235
II. Rules for Transmissions of the Six Channel Patterns	236
1. Chuan Jing (Transmission Along the Channels)	236
2. He Bing (Simultaneous Transmission Along Two or Three Channels)	236
3. Bin Bing (Initial Sequential Transmission Leading to Simultaneous Transmission)	236
4. Zhi Zhong (Transmission Directly to a Yin Channel)	237

Chapter Eleven: Pattern Identification According to Wei, Qi, Ying, and Blood	239
I. Main Pattern Types.....	239
1. Wei Level Pattern.....	239
2. Qi Level Pattern	240
3. Ying Level Pattern	240
4. Blood Level Pattern.....	241
5. Points for Attention	241
II. Transmissions among the Four Level Patterns	243
Chapter Twelve: Pattern Identification According to the Upper, Middle, and Lower Burner.....	245
I. Main Pattern Types.....	245
1. Upper Burner Pattern	245
2. Middle Burner Pattern.....	246
3. Lower Burner Pattern.....	247
4. Characteristics of Three Burner Patterns	247
Chapter Thirteen: Discussion of Case Studies	249
Bibliography.....	259
Explanation of Terms.....	260
Index of Patterns and Pathologies	261

List of Tables and Figures

Table 1.1 Important Milestones of TCM Diagnostics.....	2
Table 2.1 Comparison between Presence and Absence of Vitality.....	10
Table 2.2 Presentation of False Vitality.....	10
Table 2.3 Characteristics of Presentation of False Vitality.....	11
<i>Figure 2.1 Ling Shu Facial Areas Related to the Internal Organs.....</i>	<i>12</i>
<i>Figure 2.2 Su Wen Facial Areas Related to the Internal Organs.....</i>	<i>12</i>
Table 2.4 Significance of Color and Luster.....	12
Table 2.5 Significance of Vigorous vs. Lifeless Complexion.....	12
Table 2.6 Ten Abnormal Colorations of the Complexion.....	13
Table 2.7 White Complexion.....	14
Table 2.8 Yellow Complexion.....	14
Table 2.9 Red Complexion.....	15
Table 2.10 Blue-green Complexion.....	15
Table 2.11 Black Complexion.....	16
Table 2.12 Strong or Weak.....	16
Table 2.13 Overweight or Slender.....	17
Table 2.14 Forced Postures.....	17
Table 2.15 Consciousness.....	18
Table 2.16 Abnormal Movements.....	19
Table 2.17 Condition of the Head.....	20
Table 2.18 Fontanel.....	20
Table 2.19 Hair.....	21
Table 2.20 Facial Edema.....	22
Table 2.21 Facial Swelling.....	23
Table 2.22 Deviation of the Eyes and Mouth.....	23
Table 2.23 The Five Wheels and Their Related Zang Organs.....	24
<i>Figure 2.3 The Five Wheels and Their Related Areas.....</i>	<i>24</i>
Table 2.24 Eyelid Disorders Related to the Spleen (Flesh).....	24
Table 2.25 Canthus Disorders Related to the Heart (Blood).....	25
Table 2.26 Bulbar Conjunctiva and Sclera Disorders Related to the Lung (Qi).....	25
Table 2.27 Cornea, Anterior Chamber and Iris Disorders Related to Liver (Wind).....	26
Table 2.28 Pupil and Lens Disorders Related to the Kidney (Water).....	27
Table 2.29 Abnormal Eye Mobility.....	27
Table 2.30 Ears.....	28
Table 2.31 Nose.....	29
Table 2.32 Lip Color.....	30
Table 2.33 Lip Character.....	30
Table 2.34 Lip Mobility.....	30
Table 2.35 Teeth.....	31
Table 2.36 Gums.....	32
Table 2.37 Throat.....	32
Table 2.38 External Appearance of the Neck.....	33
Table 2.39 Mobility of the Neck.....	33
Table 2.40 External Appearance of the Chest.....	34

Table 2.41 Respirations.....	35
Table 2.42 Abdomen.....	36
Table 2.43 Lumbar Area and Back.....	37
Table 2.44 Limbs.....	37
Table 2.45 Color and Luster of the Skin.....	38
Table 2.46 Moisture and Swelling of the Skin.....	39
Table 2.47 Macula and Papula.....	40
Table 2.48 Other Skin Lesions.....	40
<i>Figure 2.4 The Three Gates.....</i>	<i>41</i>
Table 2.49 Three Gates and Their Clinical Significance.....	42
Table 2.50 Abnormal Superficial Veins.....	42
Table 2.51 Tongue Areas.....	44
<i>Figure 2.5 The Tongue Areas Relative to the Internal Organs.....</i>	<i>44</i>
Table 2.52 Thickness of the Tongue Coating.....	45
Table 2.53 Moisture of Tongue Coating.....	46
Table 2.54 Character of Tongue Coating.....	46
Table 2.55 Color of Tongue Coating.....	47
Table 2.56 Scraping of Tongue Coating.....	47
Table 2.57 Peeling of Tongue Coating.....	48
Table 2.58 Color and Luster of the Tongue Proper.....	48
Table 2.59 Character of the Tongue Proper.....	49
Table 2.60 Mobility of the Tongue Body.....	49
Table 2.61 Veins Underneath the Tongue.....	50
Table 3.1 General Auscultation.....	51
Table 3.2 Low and Deep Voice.....	51
Table 3.3 Hoarseness and Loss of Voice.....	52
Table 3.4 Snoring.....	52
Table 3.5 Groaning.....	52
Table 3.6 General Auscultation.....	53
Table 3.7 Deranged Speech.....	53
Table 3.8 General Auscultation.....	54
Table 3.9 Asthma.....	54
Table 3.10 Gasping Breathing.....	55
Table 3.11 Shortness of Breath.....	55
Table 3.12 General Auscultation.....	56
Table 3.13 Coughing.....	56
Table 3.14 General Auscultation of Vomiting.....	57
Table 3.15 Character of Vomiting.....	58
Table 3.16 General Auscultation of Hiccups.....	58
Table 3.17 Character of Hiccups.....	59
Table 3.18 General Auscultation of Belching.....	59
Table 3.19 Character of Belching.....	59
Table 3.20 Sighing.....	60
Table 3.21 Abnormal Odors.....	60
Table 4.1 Aversion to Cold.....	63
Table 4.2 Aversion to Cold Accompanied by Fever.....	64
Table 4.3 Aversion to Cold without Fever.....	64
Table 4.4 Tidal Fever.....	65
Table 4.5 Mild Fever.....	66
Table 4.6 Alternating Attacks of Fever and Chills.....	66
Table 4.7 Exterior Pattern with Sweating.....	67

Table 4.8 Interior Pattern with Sweating.....	67
Table 4.9 Exterior Pattern without Sweating.....	68
Table 4.10 Interior Pattern without Sweating.....	68
Table 4.11 Special Aspects of Sweating.....	68
Table 4.12 Head Sweating.....	69
Table 4.13 Unilateral Sweating.....	69
Table 4.14 Palm and Sole Sweating.....	70
Table 4.15 Chest Sweating.....	70
Table 4.16 General Pathogenesis of Pain.....	71
Table 4.17 Properties of Pain.....	71
Table 4.18 Duration of Pain.....	72
Table 4.19 Headaches.....	73
Table 4.20 Chest Pain.....	74
Table 4.21 Hypochondrial Pain.....	75
Table 4.22 Gastric Pain.....	76
Table 4.23 Abdominal Pain.....	77
Table 4.24 Lumbar Pain.....	77
Table 4.25 Pain in the Limbs.....	78
Table 4.26 Aching.....	78
Table 4.27 Dizziness.....	79
Table 4.28 Oppression of the Chest.....	80
Table 4.29 Palpitations.....	80
Table 4.30 Distension of the Hypochondrium.....	81
Table 4.31 Fullness of the Upper Abdomen.....	81
Table 4.32 Distension of the Upper Abdomen.....	82
Table 4.33 Heaviness of the Body.....	82
Table 4.34 Numbness of the Body.....	83
Table 4.35 Tinnitus.....	83
Table 4.36 Deafness.....	84
Table 4.37 Auditory Suppression.....	84
Table 4.38 Itching.....	84
Table 4.39 Pain.....	85
Table 4.40 Dim Eyesight.....	85
Table 4.41 Insomnia.....	86
Table 4.42 Somnolence.....	87
Table 4.43 Absence of Thirst.....	88
Table 4.44 Presence of Thirst.....	88
Table 4.45 Thirst without Desire to Drink.....	89
Table 4.46 Poor Appetite.....	89
Table 4.47 Hyperactive Appetite.....	90
Table 4.48 Other Abnormalities in Appetite.....	90
Table 4.49 Abnormal Tastes.....	91
Table 4.50 Constipation.....	92
Table 4.51 Diarrhea.....	92
Table 4.52 Abnormal Sensation During Defecation.....	93
Table 4.53 Abnormal Frequency of Urination.....	94
Table 4.54 Abnormal Amount of Urine.....	95
Table 4.55 Abnormal Sensations during Urination.....	95
Table 4.56 Impotence.....	96
Table 4.57 Seminal Emission.....	97
Table 4.58 Spermatorrhea.....	97

Table 4.59 Premature Ejaculation	97
Table 4.60 Shortened Menstrual Cycle	98
Table 4.61 Delayed Menstrual Cycle	98
Table 4.62 Irregular Menstrual Cycle	99
Table 4.63 Metrorrhagia	99
Table 4.64 Amenorrhea	100
Table 4.65 Dysmenorrhea	100
Table 4.66 Abnormal Leucorrhea	101
Table 4.67 Vomiting	102
Table 4.68 Threatened Miscarriage	102
Table 4.69 Habitual Miscarriage	103
Table 4.70 Persistent Lochia	104
Table 4.71 Postpartum Fever	104
<i>Figure 5.1 Pulse Location for Overall Cun Kou Pulse Reading</i>	108
Table 5.1 Relations between Positions and Internal Organs in Cun Kou	109
Table 5.2 General Pulse Examination and Clinical Significance	109
<i>Figure 5.2 Pulse Positions of the Three Areas and Nine Regions</i>	110
Table 5.3 Normal Variations of Heart Rate	112
Table 5.4 Normal Pulse Condition and Body Type	112
Table 5.5 Eight Qualities of a Pulse	112
Table 5.6 General Clinical Significance of the Pulse Condition	113
Table 5.7 Normal Pulse Condition	114
Table 5.8 Pulses in Abnormal Locations	114
Table 5.9 Pulses with Abnormal Frequencies	115
Table 5.10 Pulses with Abnormal Width	116
Table 5.11 Pulses with Abnormal Length	116
Table 5.12 Pulses with Abnormal Strength	116
Table 5.13 Pulses with Abnormal Smoothness	117
Table 5.14 Pulses with Abnormal Tension	117
Table 5.15 Pulses with Abnormal Rhythm	118
Table 5.16 Seven True Visceral Pulse Conditions	118
Table 5.17 Combined Pulses Commonly Seen in Complex Diseases	119
Table 5.18 Pulses in Infants	120
Table 5.19 Palpation of the Skin	121
Table 5.20 Palpation of the Limbs	122
Table 5.21 Palpation of the Neck	123
Table 5.22 Palpation of the Chest and Hypochondrium	124
Table 5.23 Palpation of the Abdomen	124
Table 5.24 Palpation of the Points	125
Table 6.1 Exterior and Interior	129
Table 6.2 Cold and Heat	130
Table 6.3 Deficiency and Excess	130
Table 6.4 Yin and Yang	130
Table 6.5 General Overview of Exterior Patterns	131
Table 6.6 Exterior Cold Patterns	132
Table 6.7 Exterior Heat Patterns	132
Table 6.8 General Overview of Interior Patterns	133
Table 6.9 Common Manifestations of Excess Heat Patterns	133
Table 6.10 Manifestations and Analysis of Deficiency Heat Patterns	134
Table 6.11 Manifestations and Analysis of Deficiency Cold Patterns	134
Table 6.12 Manifestations and Analysis of Excess Cold Patterns	135

Table 6.13	Comparison between Exterior and Interior Patterns	135
Table 6.14	Half Exterior-Half Interior Patterns	136
Table 6.15	Manifestations and Analysis of Half Exterior-Half Interior Patterns	136
Table 6.16	Manifestations and Analysis of Cold Patterns	137
Table 6.17	Manifestations and Analysis of the Etiology and Pathogenesis of Cold Patterns	138
Table 6.18	Comparison among Cold Patterns	138
Table 6.19	Manifestations and Analysis of Heat Patterns and Their Pathogenesis	139
Table 6.20	Manifestations and Analysis of the Etiology and Pathogenesis of Cold Patterns	140
Table 6.21	Comparison of Different Heat Patterns	141
Table 6.22	Comparison between Cold Patterns and Heat Patterns	141
Table 6.23	Manifestations and Analysis of Deficiency Patterns.....	142
Table 6.24	Analysis of the Etiology and Pathogenesis Deficiency Patterns.....	143
Table 6.25	Common Manifestations for Excess Patterns.....	144
Table 6.26	Analysis of Etiology and Pathogenesis for Excess Patterns	145
Table 6.27	Comparison of Deficiency and Excess Patterns.....	146
Table 6.28	Common Manifestations and Analysis of Yin Exhaustion Patterns	146
Table 6.29	Common Manifestations and Analysis Yang Exhaustion Patterns	147
Table 6.30	Comparison of Yin and Yang Exhaustion Patterns.....	147
Table 6.31	Comparison of Yin and Yang Exhaustion Patterns.....	148
Table 6.32	Comparison of Pulse Conditions in Yin and Yang Exhaustion Patterns	148
Table 6.33	Transmission Occurring Between Exterior and Interior Patterns	149
Table 6.34	Transmission Occurring Between Heat and Cold Patterns	149
Table 6.35	Transmission Occurring between Deficiency and Excess Patterns	149
Table 6.36	Excess Patterns Transferring into Deficiency Patterns	150
Table 6.37	True or False Manifestations of a Pattern	150
Table 6.38	Exterior Cold-Interior Heat Pattern.....	151
Table 6.39	Exterior Heat-Interior Cold Pattern.....	151
Table 6.40	Heat Pattern in the Upper Body with Cold Pattern in the Lower Body.....	152
Table 6.41	Cold Pattern in the Upper Body with Heat Pattern in the Lower Body.....	152
Table 7.1	Exterior Wind Patterns	154
Table 7.2	Exterior and Interior Cold Patterns	155
Table 7.3	Summerheat Patterns	155
Table 7.4	Damp Patterns	156
Table 7.5	Exterior Dryness Patterns.....	156
Table 7.6	Excess Fire Patterns.....	157
Table 7.7	Toxin Patterns.....	158
Table 7.8	Food Stagnation Patterns.....	158
Table 7.9	Phlegm Patterns.....	159
Table 7.10	Phlegm Fluids Patterns.....	160
Table 7.11	Water Qi Patterns	160
Table 8.1	Common Qi and Blood Disorder Patterns.....	161
Table 8.2	Qi Deficiency Patterns.....	162
Table 8.3	Qi Fall Patterns.....	162
Table 8.4	Qi Stagnation Patterns	163
Table 8.5	Qi Reversal Patterns	163
Table 8.6	Blood Deficiency Patterns.....	164
Table 8.7	Blood Stasis Patterns	164
Table 8.8	Blood Stasis Pattern Types.....	165
Table 8.9	Blood Heat Patterns.....	166
Table 8.10	Bleeding.....	166
Table 8.11	Qi-Blood Disorders	167

Table 9.1 Manifestations and Analysis of Disorders of the Lung.....	170
Table 9.2 Lung Qi Deficiency.....	170
Table 9.3 Lung Yin Deficiency.....	171
Table 9.4 Wind Heat Attacking the Lung.....	172
Table 9.5 Wind Cold Attacking the Lung.....	172
Table 9.6 Dryness Attacking the Lung.....	173
Table 9.7 Excess Heat Accumulating in the Lung.....	173
Table 9.8 Excess Cold Attacking the Lung.....	174
Table 9.9 Damp Phlegm Obstructing the Lung.....	175
Table 9.10 Wind Water Attacking the Lung.....	175
Table 9.11 Comparison between Dryness Attacking the Lung and Lung Yin Deficiency.....	176
Table 9.12 Comparison between Wind Cold Attacking the Lung, Excess Cold Attacking the Lung, and Damp Phlegm Obstructing the Lung.....	176
Table 9.13 Manifestations and Pathogenesis for Disorders of the Large Intestine.....	177
Table 9.14 Damp Heat Accumulating in the Large Intestine.....	178
Table 9.15 Large Intestine Deficiency Cold.....	178
Table 9.16 Large Intestine Yin (Fluids) Deficiency.....	179
Table 9.17 Manifestations and Pathogenesis for Disorders of the Spleen.....	180
Table 9.18 Spleen Qi Deficiency.....	180
Table 9.19 Spleen Qi Fall.....	181
Table 9.20 Spleen Fails to Contain Blood Inside the Vessels.....	181
Table 9.21 Spleen Yang Deficiency.....	182
Table 9.22 Cold Damp Accumulating in the Spleen.....	183
Table 9.23 Damp Heat Accumulating in the Spleen.....	183
Table 9.24 Comparison between Spleen Qi Deficiency, Spleen Qi Fall, and Failure of the Spleen to Keep Blood Circulating in the Vessels.....	184
Table 9.25 Comparison between Damp Heat and Cold Damp Accumulating in the Spleen.....	185
Table 9.26 Manifestations and Pathogenesis for Disorders of the Stomach.....	186
Table 9.27 Stomach Yin Deficiency.....	186
Table 9.28 Stomach Deficiency Cold.....	187
Table 9.29 Excess Stomach Fire.....	188
Table 9.30 Cold Attacking the Stomach.....	188
Table 9.31 Food Stagnation.....	189
Table 9.32 Blood Stasis in the Stomach.....	189
Table 9.33 Manifestations and Pathogenesis for Disorders of the Heart.....	190
Table 9.34 Heart Qi Deficiency.....	191
Table 9.35 Heart Yang Deficiency.....	192
Table 9.36 Sudden Collapse of Heart Yang.....	192
Table 9.37 Heart Blood Deficiency.....	193
Table 9.38 Heart Yin Deficiency.....	193
Table 9.39 Heart Fire Flaring Up.....	194
Table 9.40 Obstruction of Heart Vessel due to Blood Stasis.....	194
Table 9.41 Obstruction of Heart Vessel due to Qi Stagnation.....	195
Table 9.42 Obstruction of Heart Vessel due to Phlegm Accumulation.....	195
Table 9.43 Obstruction of Heart Vessel due to Accumulation of Cold.....	195
Table 9.44 Upward Flaring of Phlegm Fire Affecting the Mind.....	196
Table 9.45 Phlegm Misting the Mind.....	196
Table 9.46 Comparison of Deficiency Patterns of the Heart.....	197
Table 9.47 Comparison of Types of Obstruction of the Heart Vessel.....	198
Table 9.48 Manifestations and Pathogenesis of Small Intestine Disorders.....	199
Table 9.49 Small Intestine Deficiency Cold.....	199

Table 9.50	Small Intestine Excess Heat	200
Table 9.51	Small Intestine Qi Obstruction	200
Table 9.52	Small Intestine Cold Accumulation	201
Table 9.53	Manifestations and Pathogenesis of Disorders of the Liver.....	201
Table 9.54	Liver Qi Stagnation	202
Table 9.55	Liver Blood Deficiency	203
Table 9.56	Liver Yin Deficiency	204
Table 9.57	Liver Fire Flaring Upward	204
Table 9.58	Liver Yang Rising	205
Table 9.59	Liver Wind due to Liver Yang Rising.....	205
Table 9.60	Liver Wind due to Extreme Heat	206
Table 9.61	Liver Wind due to Liver Yin Deficiency	206
Table 9.62	Liver Wind due to Liver Blood Deficiency	206
Table 9.63	Liver Channel Damp Heat.....	207
Table 9.64	Cold Accumulating in the Liver Channel	208
Table 9.65	Comparison between Liver Fire Flaring Upward and Liver Yang Rising.....	208
Table 9.66	Comparison among Types of Liver Wind Patterns.....	209
Table 9.67	Manifestations and Pathogenesis of Disorders of the Gallbladder	210
Table 9.68	Gallbladder Qi Stagnation-Phlegm Fire Stirring Upward.....	210
Table 9.69	Gallbladder Channel Damp Heat	211
Table 9.70	Manifestations and Pathogenesis of Disorders of the Kidney	212
Table 9.71	Kidney Yang Deficiency	213
Table 9.72	Kidney Yin Deficiency.....	214
Table 9.73	Kidney Essence Deficiency.....	214
Table 9.74	Kidney Qi Failing to Consolidate.....	215
Table 9.75	Kidney Failing to Grasp Qi	216
Table 9.76	Manifestations and Pathogenesis for of of the Bladder	216
Table 9.77	Bladder Damp Heat	217
Table 9.78	Bladder Deficiency Cold	217
Table 9.79	Yin Deficiency.....	218
Table 9.80	Yang Deficiency	219
Table 9.81	Qi Deficiency.....	219
Table 9.82	Blood Deficiency.....	220
Table 9.83	Heart Qi-Lung Qi Deficiency Pattern	221
Table 9.84	Lung Qi-Spleen Qi Deficiency Pattern	221
Table 9.85	Lung Qi-Kidney Qi Deficiency Pattern	222
Table 9.86	Heart Blood-Liver Blood Deficiency Pattern.....	222
Table 9.87	Heart Blood-Spleen Qi Deficiency.....	223
Table 9.88	Liver Yin-Kidney Yin Deficiency Pattern	223
Table 9.89	Lung Yin-Kidney Yin Deficiency Pattern	224
Table 9.90	Disharmony between the Kidney and the Heart.....	224
Table 9.91	Spleen Yang-Kidney Yang Deficiency	225
Table 9.92	Heart Yang-Kidney Yang Deficiency	225
Table 9.93	Liver Fire Attacking the Lung.....	226
Table 9.94	Disharmony between the Liver and the Spleen.....	226
Table 9.95	Disharmony Between the Liver and the Stomach.....	226
Table 9.96	Liver and Gallbladder Damp Heat	227
Table 9.97	Spleen and Stomach Cold Damp.....	227
Table 10.1	Tai Yang Channel Pattern due to Wind.....	230
Table 10.2	Tai Yang Channel Pattern due to Cold.....	230
Table 10.3	Tai Yang Bowel Pattern due to Water Retention.....	231

Table 10.4 Tai Yang Bowel Pattern due to Blood Stagnation	231
Table 10.5 Yang Ming Channel Pattern.....	232
Table 10.6 Yang Ming Bowel Pattern.....	232
Table 10.7 Shao Yang Patterns	233
Table 10.8 Tai Yin Patterns.....	234
Table 10.9 Shao Yin Cold Pattern.....	234
Table 10.10 Shao Yin Heat Pattern.....	235
Table 10.11 Jue Yin Pattern	235
Table 11.1 Wei Level Pattern.....	239
Table 11.2 Qi Level Pattern	240
Table 11.3 Ying Level Pattern	240
Table 11.4 Blood Level Pattern.....	241
Table 11.5 Characteristics of Four Level Patterns of Warm Disease	242
Table 11.6 Comparison of Liver Wind from Extreme Heat and Liver Yin Deficiency	243
Table 11.7 Regular Transmissions of the Four Levels	243
Table 11.8 Complex Transmissions Among the Four Levels.....	243
Table 12.1 Upper Burner Pattern (Mild Cases).....	245
Table 12.2 Upper Burner Pattern (Severe Cases)	246
Table 12.3 Middle Burner Pattern (Yang Type)	246
Table 12.4 Middle Burner Pattern (Yin Type).....	247
Table 12.5 Lower Burner Pattern.....	247
Table 12.6 Characteristics of Three Burner Patterns	248
Table 12.7 Rules for Transmission of Three Burner Patterns.....	248